LIVE BETTER LONGER

THE MOORINGS OF ARLINGTON HEIGHTS
A Presbyterian Homes Community
At The Moorings of Arlington Heights, our Life Plan Community is designed around a single purpose – to inspire you to get the most out of every aspect of retirement living – physically, socially, intellectually, emotionally, spiritually and financially.

The beautiful campus grounds surround you with plenty of lush, green spaces, while our vital, engaging community welcomes you into a cozy neighborhood atmosphere of like-minded older adults. At The Moorings, residents cherish their independence and find purpose and meaning through the community’s countless opportunities for friendship and personal growth. We hope you will take this opportunity to learn more about our unique campus and the inspiring and rewarding lifestyle you can enjoy at The Moorings.
Don’t Wait To Start Making The Most Of Every Day

Not sure if you’re ready to make the move to an independent living community? Rest assured, you’re not alone. Many of our residents once felt exactly the same way. That is, until they experienced The Moorings for themselves. Now they say, “I only wish I would had done this sooner.”

Rather than restricting your independence, a life plan community like The Moorings can enhance your independence by offering you a beautiful, new, maintenance-free home and the peace of mind that comes from our renowned continuum of care. Add to that our financial strength and quality environment and it’s not difficult to see why Presbyterian Homes’ has a more than 100 year reputation for success.
Satisfy Your Curiosity
Choices For Living Well

At The Moorings, you’ll find yourself in an active community of older adults who enjoy living their lives – their way. Through our CHOICES program, they can select from an endless array of opportunities to make new friends, explore new interest and discover new ways to learn, grow and discover all that life still has to offer.

From personal wellness to personal accomplishments, our CHOICES program allows you to choose the kind of activities that suit you best.

**Social**
The CHOICES program makes meeting and getting to know your neighbors easy and fun through a wide range of social events.

**Physical**
Whether physical fitness is a goal or a way of life for you, CHOICES empowers everyone to become more active and physically fit.

**Intellectual**
Being curious keeps you active and engaged. CHOICES allows you to explore artistic pursuits like painting, learning a musical instrument or even pursuing a higher education.

**Spiritual**
We offer a variety of activities with a spiritual dimension – from traditional religious services and pastoral care, to yoga, tai chi and meditation.

**Emotional**
Emotional wellness is achieved through programs that let you unleash your creativity and compassion, as well as your personal talents and style.

**Environmental**
CHOICES offers a variety of educational programs to promote environmental awareness and to help you make The Moorings a green community.

**Community**
Volunteer programs enable you to get involved in supporting others through a variety of charitable and community service efforts, both on and off campus.
Great Taste Is Always On The Menu

Surveys have shown that one of the top three criteria for choosing a community is the dining experience. At The Moorings of Arlington Heights, we’re proud to say delicious food is one of our hallmarks. Our trained chefs and warm, approachable staff provide you with an exceptional dining experience featuring locally grown produce with incredible farm-to-fork freshness. You can be sure that from down-home favorites to healthy dining alternatives, every dish strives to meet your highest expectations.

Dining That’s Always Fresh And Flexible

Dining at The Moorings offers you a variety of options to fit your lifestyle, including:

- Flexible dining venues, both formal and casual
- Al fresco dining overlooking a small lake
- Fresh deli sandwiches from The Market
- A cocktail bar to enjoy a drink with friends
- Private dining for family gatherings
- Meals-to-go
- Chef’s Reserve Dinners

Share Your Thoughts With The Chef

Every month, a committee of residents meets with the chef to discuss the latest menu and to share their opinions. Always open to suggestions, the chef’s goal is to find the perfect balance between healthy eating and great taste. It’s this resident input that helps to make meal times at The Moorings such a universal crowd pleaser.
Strengthen Your Independence
A Stronger, Healthier You

Staying active and physically strong is a promise only you can make for yourself – and only you can keep. At The Moorings, we give you all the encouragement and expertise you’ll need to keep yourself active and fit.

Whether your idea of fitness involves circuit training, or a simple morning walk around our lakes, the fitness staff at The Moorings offers you all the instruction and inspiration you need to improve your overall health and wellness.

Fitness Designed Around You

Fitness programming at The Moorings is specifically designed to promote resident wellness and independence including:

- A fitness pool for lap swimming and water aerobics
- A warm-water therapy pool
- An exercise room with the latest fitness equipment
- A professional fitness staff and individual training
- Beautiful outdoor walking paths around two lakes
- Classes to help you strengthen your muscles, increase your endurance, raise your metabolism and improve your flexibility, balance and range of motion
Dedicated To Your Wellbeing

At The Moorings of Arlington Heights, everything we do is designed to promote your personal wellness. From the menus developed by chefs and nutritionists, to the excellent health care services we provide right here on campus, everything we do is directed to keeping you healthy and active.

In fact, when it comes to providing health care, few communities can match the quality of The Moorings. Our on-site, outpatient health clinic is led by a medical director who is a board-certified internist with extensive training in geriatrics. We also offer:

- Assisted living
- Short- and long-term nursing
- Rehabilitation services
- Specialized memory care

As a resident of The Moorings, you are assured access to this comprehensive continuum of care at a significant savings. You, and your loved ones, will also get the added peace of mind that comes from knowing that all of our health care services are fully accredited by The Commission on Accreditation of Rehabilitation Facilities (CARF), and we regularly receive the highest five-star rating from Medicare for quality.

And Your Financial Security

With more than 100 years experience designing and operating state-of-the-art life plan communities, Presbyterian Homes is one of the few companies consistently rated for its financial strength by both Fitch and Standard & Poor’s. Should you outlive your assets, through no fault of your own, The Geneva Foundation will do their utmost to work with you to ensure that your future needs are met. You see, at The Moorings, community is more than just a word – it’s a way of life.
Make Yourself At Home
Surround Yourself In Comfort And Style

Located on the former site of Magnus Farm, The Moorings’ historic round barn and beautifully landscaped grounds are familiar landmarks in the Arlington Heights area. Featuring two large lakes, manicured walking paths and plenty of green space, our 45-acre campus combines the warm, inviting feeling of a country estate with a definitive charm that reflects both the culture of the community and the friendly, vibrant residents who call it home.

Every villa and apartment home at The Moorings offers its own appeal and unique floor plan – some as large as 2,036 sq. ft. The apartments offer easy access to all the campus common areas including the dining rooms, fitness center and the library. For those who love having their own more private space, the villas offer patios or screened in porches, vaulted ceilings and two car garages, along with plenty of space to plant your own garden. Whichever floor plan you choose, you’re free to decorate and furnish your new home to reflect your own personal style.
We Invite You To Discover All The Moorings Has To Offer

At The Moorings of Arlington Heights you’ll not only enjoy new friends and new experiences. You’ll find a new way to live – one that will help you stay happy, healthy and independent for many years to come.

Of course, the only way to truly appreciate all that The Moorings has to offer is to come and experience it for yourself.

Please give us a call at 847-956-4304, and we will be happy to arrange a personal visit at your convenience.
Live Life On Your Own Terms
Our Mission

Presbyterian Homes, a faith-based not-for-profit, creates vibrant communities for older adults that inspire wellness, independence, joy and security – enriching the lives of residents and their families.